

Toasts to Our Founders

Instruction for toasts

- Toasts can be given no matter what sort of Founders' Day celebration you intend to participate in.
- They can be given before a meal, as a cheers, at a local coffee shop between two sisters or even via text message to a sister.
- This is an opportunity to take a moment to reflect on our founders and Sigma Kappa.
- If using the toasts at an event, choose a member or two to give a toast at the beginning of the event to start the tone for the Founders' Day celebration.

Toast #1

To our Founders - Elizabeth, Louise, Ida, Mary, and Frances. We are honored to be your sisters with a bond secured despite passage of time because of your dedication to our sisterhood. Here's a toast to you for creating an organization for women where we can be ourselves, serve our communities, and support other women in their life endeavors. Cheers.

Toast #2

Many of us could truthfully say we don't know what our lives would be like without Sigma Kappa. To our Founders, thank you for creating a space that transformed us all into the women we are today. Cheers.

Toast #3

We have come together today to celebrate our Founders: Elizabeth, Louise, Ida, Mary, and Frances. Because of their vision, countless lives have been impacted over more than 140 years. Many of us made friends for life when we joined the sisterhood of Sigma Kappa. Let's take a moment to reflect on how each of our lives were changed because of the actions of our five founders. (pause) As Louise said in a letter to her sisters, "May the loving spirit of Sigma Kappa continue to guide you".

Toast #4

This room is full of women who are independent, giving, worthy of love, and full of life. We are made all the better by the letters we wear, which bind us together in the mystic bond. Cheers to our founders, for without them, we would have no sisterhood, which is the thread that holds all of the unique lives in this room together.

Toast #5

In this room, I am surrounded by sisters who each hold a special place in my heart. Without Elizabeth, Louise, Ida, Mary, and Frances and the support they showed for each other, we wouldn't be here today, entwined in our mystic bond. Thanks to our five brave, committed and persistent founders, we share a bond that no others have and a one that will last a lifetime. Here's to another ____ years, Sigma Kappa. Cheers.