VIRTUAL DAY OF SERVICE

Virtual Ideas

- Free Rice Fundraiser: https://freerice.com/ For every question answered, 10 grains of rice are donated to the “United Nations World Food Program.” Challenge your sisters to see who can answer the most questions!
- Write cards and words of encouragement to local residents and staff at a nursing home. Create a virtual writing party with your chapter.
- Write cards of thanks and words of encouragement to local hospital staff.
- Write cards of thanks and words of encouragement to local police and fire departments.
- Know how to sew? Check to see if your local hospital, nursing homes or doctor’s offices need handmade masks that can be reused.
- Help support local school districts in your community by donating food items or gift cards to grocery stores. Research what your community needs.
- Get outside, while practicing social distancing! Work on a garden, walk a dog or offer to do other outdoor work at a neighbor’s house.
- Collegians: donate to the 1874 Giving Circle to help support sisters that will need the collegiate emergency grant.
- Alumnae: donate to the PULSE fund to help support sisters in need.
- Offer to help tutor local kids in your community with their school work via phone call, Zoom call etc.
- Donate to the Maine Seacoast Mission
  a. The Maine Seacoast Mission’s Housing Rehabilitation Program is in need of donations https://www.seacoastmission.org/giving/. Because of the impact of COVID-19, the Mission has been unable to use volunteers, so any donations can greatly impact their ability to renovate homes!
  b. You can donate school supplies to the Maine Seacoast Missions as well. They use these supplies in their educational programs and hand them out to their community too!
If You Can Leave Your Home

- Drop off cards, baked goods or other hygienic items to local hospital staff.
- Thank local police and fire departments. Drop off baked goods, or other items to let them know we appreciate them.
- Donate food items to a local food pantry/bank to help support those in need. Feeding America has a search feature to find a local food bank. https://www.feedingamerica.org/find-your-local-foodbank
- If you are able, volunteer at local shelters to help with upkeep and serving those in need.
- Donate blood with the American Red Cross. Red Cross. https://www.redcrossblood.org/give.html/find-drive
- Check in on your neighbors and those at higher-risk. Ensure that all those around you are supported. If you are able, offer to run to the grocery store to pick up groceries. Or offer to bake a desert and leave it on the front porch!