

SIGMA KAPPA

We want to encourage our sisters to educate themselves and take action. We need to use our privilege to pull on the levers of power and change policies that enforce institutional racism. The resources listed below are not exhaustive. We encourage you to reach out to your local Black Lives Matter chapter and/or your local American Civil Liberties Union (ACLU) to learn more about what you can do in your community. You can also find additional organizations sorted by state here: [racialequityresourceguide.org](https://www.racialequityresourceguide.org)

To educate yourself:

- [Medium.com](https://www.medium.com) - [What White People Can Do for Racial Justice](#)
- [RacialEqualityTools.com](https://www.racialequitytools.com) - [Guidelines for Being Strong White Allies](#)

Take action:

- [Act.ColorofChange.org](https://act.colorofchange.org) - [Justice for George Floyd Petition](#)
- [Change.org](https://change.org) - [Justice for George Floyd Petition](#)
- [ACLU-mn.org](https://www.aclu-mn.org) - [Call for Justice for George Floyd](#)
- [NAACP.org](https://www.naacp.org) - [We Are Done Dying](#)

Reading suggestions:

- [Elle.com](https://www.elle.com) - [The Anti-Racist Reading List](#)
- [BuzzfeedNews.com](https://www.buzzfeednews.com) - [An Essential Reading Guide for Fighting Racism](#)

For Sisters who are parents:

- [ParentToolkit.com](https://www.parenttoolkit.com) - [How to Talk to Kids about Race & Racism](#)
- [PrettyGoodDesign.org](https://www.prettygooddesign.org) - [A Guide for Talking About Race at all Ages](#)
- [The Truth Telling Project](#)
- [GoodReads.com](https://www.goodreads.com) - [Social Justice Kids](#)

Mental health and self-care resources for Black women:

- [PopSugar.com](https://www.popsugar.com) - [29 Wellness Platforms Created for Black Women](#)
- [BlackGirlsBreathing.com](https://www.blackgirlsbreathing.com)
- [DearBlackWomenProject.com](https://www.dearblackwomenproject.com)